WHO WE ARE
The Bridge provides compassionate, evidence-based care for individuals with complex challenges. We offer intensive training and supervision and are recognized leaders in providing evidence-based practice models including DBT, IMR, Wraparound, Supported Employment and Education, and CR for PTSD.

Established in 1973, The Bridge is a private, nonprofit human service agency located in Central Massachusetts. We serve children and adolescents with serious emotional, behavioral, and family problems, as well as adults with mental health challenges, developmental disabilities, traumatic brain injuries and substance abuse challenges.

The Bridge operates close to 50 programs, including residential treatment, supported housing, community-based outreach and assistance to families transitioning from homelessness. Locations include: Fitchburg, Framingham, Gardner, Hudson, Hyde Park, Littleton, Lunenburg, Marlboro, Northborough, Roxbury, Southborough, Southbridge, Webster, Westminster, West Brookfield, Roxbury & Worcester.

Our Mission
The Bridge strives to be the pre-eminent evidence-based and best practice human service provider. The agency works in full partnership with the individuals, families, and communities that it serves to achieve life-long learning, self-determination, meaningful relationships, productive work, and community living through psychosocial interventions and practices. The Bridge also provides leadership to the service community through consultation and training.

Our Staff
The Bridge welcomes applications from qualified and talented individuals who are interested in making a difference in the lives of others, and in their communities. Our staff members, who come from four continents and nearly 20 nations, are united in a commitment to provide quality services to the children, adolescents and adults we serve. We do so through the use of evidence based practices and tested best practices which enhance services and improve outcomes. This isn’t just a job—it is a way of life that our staff find rewarding and meaningful.

EVIDENCE-BASED TREATMENT
Evidence-Based treatment models provide individual and group treatment to individuals in specific residential and supported housing sites.

Dialectical Behavioral Treatment
DBT provides individual and family therapy, skills training, and coaching in crisis for individuals served by The Bridge. DBT utilizes a comprehensive treatment approach for individuals diagnosed with borderline personality disorder or other impulse control problems such as suicidal and self-injurious behavior, risky substance use, and eating disorders.

Illness Management and Recovery
IMR is an evidence-based treatment modality utilized throughout The Bridge’s mental health programs. The IMR practice consists of weekly sessions in which counselors help individuals who have experienced psychiatric symptoms develop personal strategies for coping with mental illness and moving on with their lives.

Cognitive Restructuring for Individuals with Post Traumatic Stress Disorder
CR for PTSD is an evidence-based treatment model utilizing cognitive restructuring as the primary therapeutic ingredient with no formal exposure component. This model is incorporated into individual therapy by qualified clinical staff.

Supported Employment and Education
Supported employment is an evidence-based treatment model that helps individuals served become employed in community employment settings. Support services include job development, placement, and training. Supported Education provides similar supports for those interested in pursuing educational goals.

Wraparound Treatment Model
Wraparound is an evidence-based treatment model utilized in our Child and Adolescent Residential Treatment Programs. This model is a family-driven approach to treatment in which families have a primary decision-making role in the care of their children.

STATE-OF-THE-ART TRAINING PROGRAMS
The Bridge offers Agency Orientation and in-service professional development trainings to all employees. In addition, program staff receive intensive training in the evidence-based practice models and best practices. Some of these topics include: counseling skills, engagement strategies, group leadership skills, management and supervisory series.

The Evidence-Based Practice Series includes the evidence based treatment models such as DBT, IMR, CR for PTSD, Supported Employment and Education and Wraparound.

Certification training conducted by the Bridge Training Department includes: First Aid, CPR, S.O.U.V.E. (Strategies of Limiting Violent Episodes) and MAP (Medication Administration Program).

Through The Bridge’s Training Institute, employees are able to participate in advanced clinical trainings provided through workshops developed for our professional colleagues. Our workshops for mental health and education professionals focus on Evidence-Based and Best Practice treatment models, and offer CEU’s.

Learn more about The Training Institute and upcoming workshops at: www.thebridgetraininginstitute.org.

BUILD A CAREER AT THE BRIDGE
If you’re looking for a great workplace environment, a schedule that fits your personal needs, and an opportunity to work with individuals to provide a better quality of life, join The Bridge team. Through employment at The Bridge, you will gain valuable work experience in the human services field.

Full time Career Opportunities Available
The Bridge offers many entry-level opportunities as well as advanced managerial, clinical and professional positions. We offer extensive training, competitive salaries and excellent benefits. To explore career opportunities, visit our website at www.thebridgecm.org. Full-time employee benefits include:

- Medical and Dental Insurance
- Tuition Assistance
- Paid Time off/Earned Time
- Life Insurance and Short-Term Disability
- Flexible spending account for medical expenses/dependent care
- 401k tax sheltered annuity with agency match after one year
- EAP (Employee Assistance Program)

Part-time and Relief work Opportunities
Part-time work is a great opportunity for students while still in school, to begin their human service careers and gain useful on-the-job experience. We operate close to 50 programs in 16 communities. You pick the program, day and time you want to work, giving you the flexibility to not miss out on any of the other activities in your life. At The Bridge, today’s part-time and relief staff are tomorrow’s full time Residential Counselors and Managers. It’s a great opportunity to earn money while gaining valuable experience and helping diverse individuals.

Application Process
The Bridge has an online application process for recruitment through our website, www.thebridgecm.org. Open positions are posted on the website and all applicants may apply on-line via the Career Opportunities link. Once a candidate has successfully completed the initial screening process, they will be referred to the hiring supervisor for their programmatic interview, giving them the opportunity to evaluate the agency as well be evaluated for the position.

THE BRIDGE – Compassionate, Evidence-Based Human Services
The Bridge of Central Massachusetts is a human services agency known for providing compassionate, evidence-based care and services for those with challenges such as mental illness, developmental and intellectual disabilities, autism, acquired brain injury and substance use disorders. Headquartered in Worcester, we have over 50 programs in 17 cities and towns in Central and Eastern Massachusetts.

**POPEATIONS SERVED**

**Child and Adolescent Services**
These services provide residential, flexible support and educational services to children from ages seven through twenty in our three residential sites, in their home and/or communities. DBT, IMR, and WRAP services are treatment models implemented in these programs. Locations include: Worcester and Westborough.

**Transition Aged Young Adult Services**
Residential and supported housing services for young adults ages 18 – 25 in various locations in Fitchburg, Gardner, Littleton, Northboro, Marlboro, Southbridge, and Worcester. DBT, IMR, CBT, CR for PTSD, Transition Aged Programming and Supported Employment and Education are utilized in these programs.

**Adult Services**
Residential and supported housing services for adults ages 18 and older in various locations in Worcester, Webster, Southbridge, Framingham, Southboro, Northboro, Marlboro, Fitchburg and Gardner. DBT, IMR, and Supported Employment and Education are utilized in these programs.

**Developmental Disabilities and Rehabilitative Services**
This division provides residential, supported housing, outreach and outpatient services to adults ages 18 and older who have developmental or intellectual disabilities, and/or traumatic brain injury and provides case management for individuals with physical disabilities. Locations include: Gardner, Hudson, Hyde Park, Lunenburg, Roxbury, West Brookfield, Marlboro, and Westboro.

**Our Mission**
*In full partnership with individuals and families facing challenges, we support and inspire them to achieve their goals and dreams.*

**To Apply:**
[www.thebridgecm.org/careers](http://www.thebridgecm.org/careers)

**Full and Part-time Career Opportunities**

recruiter@thebridgecm.org
www.thebridgecm.org/careers

**Administration**
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